

givin' guts
IT
ALL
FOR



Margarita 5K Run/Walk



For more information or to register:
Call 618-806-2678
Facebook.com/givinitallforguts
GIVINITALLFORGUTS.ORG

SATURDAY
OCT 13
3pm
Alton, Il

Age Bracket Awards
**COMPLIMENTARY
MARGARITAS**

*to those only over 21 years of age
(ID required)*

Chips and Salsa
provided by Little Mexico Restaurant
DJ and LOTS of FUN!

**Starts at Alton Amphitheater and Runs
along the Madison County Transit Trail**

\$30
a person

All proceeds support The IBD Research Program at Washington University, a team of scientists and physicians leading discoveries to help patients with Crohn's Disease, Colitis and IBD-related illness.

Bring your friends and patronize Alton Businesses after the race

