

For more information or to register:
Call 618-806-2678
Facebook.com/givinitallforguts
givinitallforguts.org



2019 5K

Margarita Run

at Alton Amphitheater

OCT 12
3PM
\$30/person

Age Bracket Awards

**Complimentary
MARGARITAS**

to those only over 21 years of age (ID required)

Chips and Salsa

provided by Little Mexico Restaurant

**DJ and
LOTS of FUN!**

Starts at Alton Amphitheater and Runs along the Madison County Transit Trail

All proceeds support the IBD Research Program at Washington University, a team of scientists and physicians leading discoveries to help patients with Crohn's Disease, Colitis and IBD-related illness.